

Breakfast & Brunch

Breakfast can be order as a package or a la cart.
We are always happy to design a customized menu

Breakfast Packages

Continental Breakfast

An assortment of fresh baked pastries, bagels, served with orange juice,
served with hot coffee and tea

The Perfect Start Breakfast

An assortment of fresh baked pastries, bagels and freshly cut fruit.
Served with orange juice, hot coffee and tea.

The American Breakfast

Scrambled eggs, bacon or sausage, home fried potatoes, assortment
of fresh baked mini breakfast pastries and, fresh sliced fruit.
Served with orange juice, hot coffee, and tea.

The Additional Breakfast Items

Items

Fresh Baked Breakfast Pastries

Miniature Breakfast Pastries

Bagels and cream cheese

Sliced Seasonal Fresh Fruit

Cut Seasonal Fresh Fruit

Yogurt Cups

Yogurt Parfaits

Bottled Juice

Orange, Apple, Cranberry

Fresh Squeezed Orange Juice

Coffee or Tea Service

Items

Whole Country Quiche'

Whole Quiche' (12 slices per pie)

1or 2 Eggs

Scrambled or Hard Boiled

Rasher of Bacon

Country Breakfast Sausage

Home Fried Red Bliss Potatoes

Bagel Breakfast Sandwich

Egg, Cheese Bacon or Ham

Breakfast Burrito

Eggs, Cheese, Salsa, Onions & Peppers

Lunch Time Fare

Boxed Lunches

To Include an Assortment of Sandwiches & Wraps, Bag of Potato Chips, Chocolate Chip Cookie, Choice of Tri Color Pasta Salad or a Mini Fresh Cut Fruit Cup

Desk top Lunch

A combination of our best sandwiches, potato chips, choice of one, potato salad, pasta salad, or Cole slaw. Served with fresh baked mini cookies & brownies

The New York Deli Lunch

White meat chicken salad, rare roast beef, honey baked ham, Swiss, provolone, cheddar cheeses, lettuce, tomato & condiments. Served with assorted breads and rolls, potato chips and fresh baked mini cookies and brownies

The Working Lunch

A choice of one of our specialty salads: Choices are Beverly Hills, Napa Valley, Mediterranean or Oriental Noodle. Served with assorted dinner rolls and butter, fresh baked mini cookies and brownies...

Add Grilled Chicken for an Additional \$2.95

SpoonZ Signature Lunch

Grilled Lemon Chicken (chilled), mixed baby greens, tri color pasta salad, assorted dinner rolls and butter, Served with fresh baked mini cookies and brownies

Specialty Salads

Classic Caesar Salad

Freshly cut Romaine lettuce, Parmesan cheese & Tuscan cut croutons

Add Grilled Chicken for an Additional \$2.95

Napa Valley Salad

Mixed field greens, diced granny apples, dried cranberries, crumbled gorgonzola cheese, pecans, and Serrano vinaigrette

Add Grilled Chicken for an Additional \$2.95

Beverly Hills Salad

Mixed field greens, mandarin oranges, diced red peppers, crumbled blue cheese, walnuts, and balsamic vinaigrette

Add Grilled Chicken for an Additional \$2.95

Mediterranean Salad

Crisp cut romaine lettuce, tomatoes, Kalamata olives, Bermuda onion, crumbled feta cheese, lemon oregano vinaigrette...

Add Grilled Chicken for an Additional \$2.95

Oriental Noodle Salad

Mixed field greens, diced red peppers, mandarin oranges, topped with crunchy sesame noodles, teriyaki vinaigrette...

Add Grilled Chicken for an Additional \$2.95

ADDITIONAL LUNCH ITEMS

Sides

Tabouli
Tri Color Pasta Salad
Hummus & Pita Chips
Fire -Cracker Cole Slaw
Red Bliss Potato Salad
Roasted Marinated Vegetables

Beverages

Canned Sodas
Bottled Water
Bottled Juices
Fresh Brewed Iced Tea
Home Style Lemonade
Coffee and Tea Service

Sweet Endings

Fresh Baked Cookies...mini or full size
Soft and Chewy Brownies...mini or full size
Assorted Dessert Bars...mini or full size
(Lemon, Raspberry, Magic, Oreo Cookie, Apple Crumb)

Buffet Lunch Packages

Country Quiche

Choice of Meat or Vegetable

Accompanied with a mixed Green Salad, Rolls & Butter, Mini Cookies & Brownies

Spiral Carved Honey Baked Ham

Mixed green salad or a Garden vegetable, Au gratin Potatoes
assorted rolls and butter, fresh baked mini cookies, and brownies

Baked Manicotti or Jumbo Stuffed Shells

Caesar salad, Served with assorted rolls and butter, fresh baked mini cookies, and brownies

Chicken, Penne & Broccoli Alfredo

Mixed greens salad or Classic Caesar salad, Served with assorted dinner rolls and butter,
fresh baked mini cookies, and brownies

Cheese Lasagna

Mixed greens salad or Caesar salad, Served with assorted rolls and butter,
fresh baked mini cookies and brownies...

Additional \$2.50 pp for Vegetable or Meat Lasagna

Tuscan Chicken Parmesan

served with Baked Penne Pasta, Mixed greens salad or Classic Caesar salad,
Served with assorted dinner rolls and butter, fresh baked mini cookies, and brownies

Chicken Marcela

Mixed greens salad, rice pilaf, garden vegetable, Served with assorted rolls and butter,
fresh baked mini cookies, and brownies

Grilled Salmon Filet

Baby Spinach salad, cucumber relish, roasted red bliss potatoes, garden vegetables,
Served with assorted rolls and butter, fresh baked cookies, and brownies

Peppered Seared Tenderloin

(sliced and served room temperature)

Mixed green salad, roasted marinated vegetables, red bliss potato salad, horseradish sauce,
Served with assorted rolls and butter, fresh baked mini cookies, and brownies

Hot Hors d'oeuvres

SPANAKOPITA

Spinach & feta wrapped in phyllo triangle

SCALLOPS WRAPPED IN BACON

Tender- sea scallops wrapped in applewood smoked bacon

HONEY SESAME CHICKEN

Juicy chicken coated in tempura batter & drizzled with honey & sesame seeds

ARITCHOKE FANTASIA DIP

(stationary)

Warm artichoke dip served with hand cut pita chips

MINI TUNA CAKES

(like a crab cake but made with tuna fish)

Mini tuna cakes topped with a corn & black bean relish & drizzled with dijonaise sauce

PEKING RAVIOLIS

Served with Hoisin Dipping Sauce

WARM BAKED BRIE WHEEL

Brie wheel stuffed with mango-ginger chutney & wrapped in phyllo then baked to a golden brown

MINI BAKED BRIE FLOWERS

Bite size brie, mango-ginger chutney & fresh pear wrapped in phyllo

FRANKS IN A BLINKET

Petite all beef hotdogs wrapped in pastry & served with a spicy mustard dipping sauce

Our own house made MEAT BALLS

(Swedish, Sweet n 'Sour or Traditional)

Bite size meatballs in a rich brown mushroom gravy

COCONUT SHRIMP

Fresh Gulf shrimp battered & coated with coconut & cooked to a golden brown

MINI QUICHE TARTLETS

(MEAT & VEGETARIAN)

SMOKED CHICKEN QUESADILLA HORNS

A spicy blend of smoked chicken, Monterey jack, peppers,
fresh cilantro rolled in a flour tortilla

TUSCANY PURSE

Imported ham, Genoa salami, mortadella, provolone, basil pesto
Panini style in a bite size French bread sandwich

ARTICHOKE & CHEVRE BITES

Bite size marinated artichokes stuffed with chevre cheese & lightly breaded

Cold Hors d'oeuvres

CHEVRE TORTA

Layered Chevre cheese, pesto & sundried tomatoes served with Carr's Crackers

CALIFORNIA SPIRALS

Unique combinations of all vegetarian & meat bite size pinwheels
made with assorted flavor tortillas

BEEF TENDERLOIN TRIANGLES

Medium rare beef tenderloin sliced thin & placed on hand cut garlic pita chip
accompanied with red pepper jelly & dijonaise sauce

FESTIVE VEGETABLE CRUDITE

(stationary display)

A combination of fresh garden vegetables & creamy dips

TEQUILA LIME-SOAKED SALMON ON RICE CRACKER

Smoked Norwegian salmon on rice cracker with a cilantro cream cheese spread

GULF SHRIMP COCTAIL

(4 shrimp per person)

Tender Gulf Shrimp artistically arranged & served with a tangy cocktail sauce

ANTIPASTA BAR

(stationary display)

A bountiful display of mortadella, Genoa salami, imported ham, pesto chicken, roasted peppers, provolone,

roasted Kalamata olives, marinated artichokes & mushrooms
and served with Balsamic Vinaigrette & crostini

MIDDLE EASTERN DISPLAY

Tabouli, humus, vegetarian stuffed grape leaves &
spicy lentil salad & pita triangles

VEGETARIAN SPRING ROLLS

Vegetarian rice paper & seaweed paper rolls filled with thinly sliced vegetables & hoisin glaze

ASSORTED FRESH SUSHI & CALIFORNIA ROLLS

(48 hour ordering required)

Desserts & Pastries

Dark & Fudgy Brownies

mini or full size

Large Assorted Chewy Cookies

mini or full size

Assortment of Dessert Bars

mini or full size

Blondies, Cheesecake Brownie, Amazon Bars, Magic Bars, Lemon Crumb Bar,
Fruit Crumb Bar, Apple Carmel Crumb Bar, Chocolate Almond Squares,
Pumpkin Squares, Pecan Squares, cheesecake Squares,

Cream Puffs & Éclairs

mini or full size

Chocolate Dipped Strawberries

(call for pricing)

Bundt Coffee Cake

(serves 12-14 guest)

Sour Cream, Banana-nut, Banana Chocolate Chip, Lemon Love, Zucchini Walnut, Pumpkin

Custard & Berry Parfait

vanilla or chocolate custard layered with seasonal berries & topped with whipped cream,
shaved chocolate & a praline cookie

Chocolate Mousse Cups

mini or full size

chocolate mousse in a dark chocolate candy shell, topped with shaved white chocolate all resting on a
painted plate of raspberry drizzle with a dollop of whipped cream &
fresh mint sprig & a strawberry fan

Chewy Coconut Macaroons

mini or full size

available dipped in dark chocolate

Our Own Cannoli's

mini or full size

available dipped in dark chocolate

Gourmet Cup Cakes

mini or full size

death by chocolate, lusty lemon, red velvet,
Boston cream, carrot cake, white out, tuxedo

Ice Cream Sandwiches

mini or full size (48 hour notice required)

French vanilla ice cream wedged between 2 large chewy chocolate chip cookies

SpoonZ Café Cheesecake

(rounds of- 8" or 10")

available in traditional or chocolate or marble and variety of toppings

Moist Layer Cakes

(8", 10", 12" rounds) call for flavor selections

½ Sheet Cake

(call for flavor selections)

single layer or double layer available

Full Sheet Cake

(call for flavor selections)

single layer or double layer available

*An Assortment of Mini Pastries,
Cookies & Bars Are Available Upon Request*